



JIN WU KOON CLASS TIMETABLE

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www.jinwukoon.com

TIMES	MON	TUES	WED	THURS	FRI	SAT
7.00 - 8.00am	Boxing					
11.30 - 1.30pm						Kid's Kung Fu
1.00 - 2.00pm	Thai Kickboxing					
2.00 - 3.15pm						Thai Kickboxing
3.15 - 4.00pm						Thai Kickboxing Sparring (Advanced Only)
4.15 - 5.45pm						Thai Kickboxing
6.15 - 7.30pm			Kung Fu		Kung Fu	
6.30 - 7.30pm	Thai Kickboxing (technique)					
6.30 - 7.45pm				Thai Kickboxing		
6.30 - 8.00pm		Thai Kickboxing				
7.30 - 8.30pm	Jiu Jitsu		Jiu Jitsu / Karate			
7.45 - 8.45pm				Jiu Jitsu		
8.00 - 9.00pm		Thai Kickboxing / Karate		Thai Kickboxing / Karate		